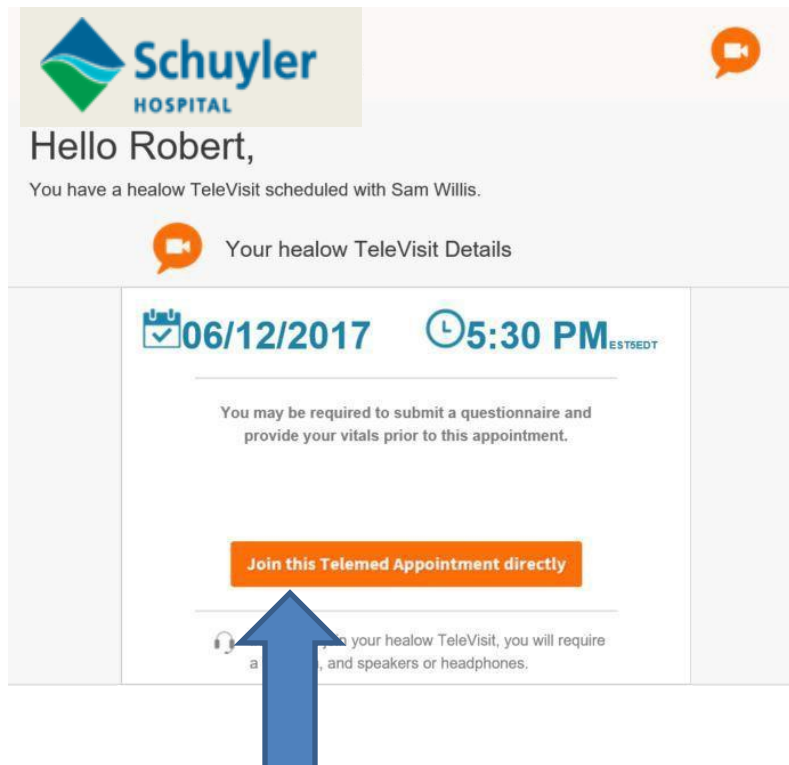


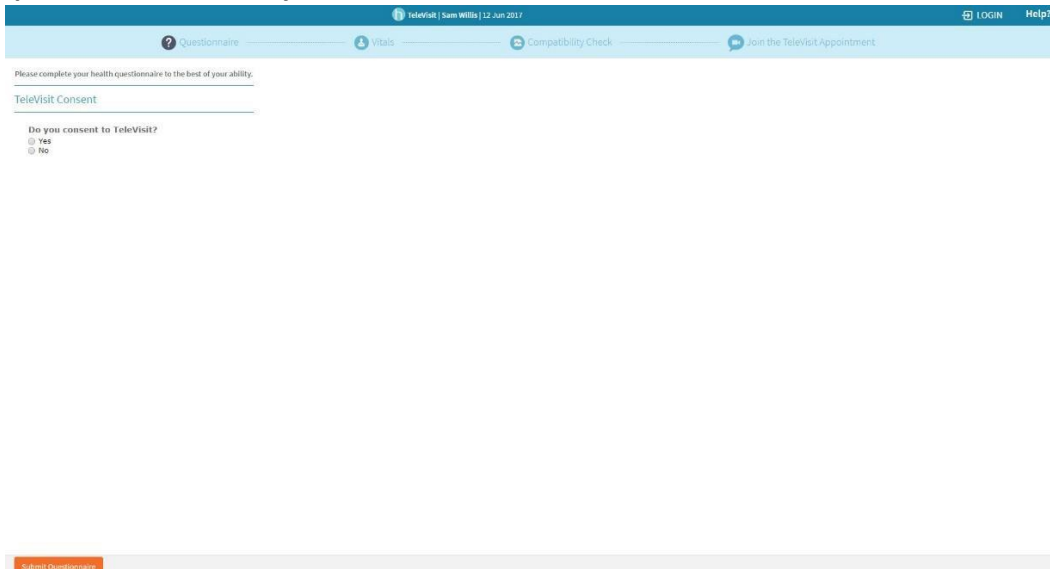
## Getting Started with Telemedicine Visits

### Logging into Tele Visit from the email confirmation/notification

1. You will receive a confirmation email after scheduling a TeleVisit appointment with your provider and you will also receive a notification email before the appointment time.



2. Click on "Join this TeleMed Appointment directly" link. You will be prompted to answer the questionnaires .When you finish, click on "Submit Questionnaire" button.



The screenshot shows the "Questionnaire" page of the TeleVisit interface. At the top, there is a navigation bar with "Questionnaire", "Vitals", "Compatibility Check", and "Join the TeleVisit Appointment" tabs. Below the navigation bar, the text reads: "Please complete your health questionnaire to the best of your ability." The main content area is titled "TeleVisit Consent" and contains the question: "Do you consent to TeleVisit?" with radio button options for "Yes" and "No". At the bottom of the page, there is a "Submit Questionnaire" button.

3. Next, you will be prompted to enter in your vitals (optional). Click on “Submit Vitals” when you finish.

TeleVisit | Sam Wilks | 12 Jun 2017

LOGIN Help?

Questionnaire Vitals Compatibility Check Join the TeleVisit Appointment

Height  ft.  inches

Weight  pounds

Blood Pressure:  /

Temperature  F

Respiratory Rate  breaths per minute

Pulse Rate  beats per minute

Submit Vitals


4. A software compatibility check will be run to ensure that the webcam and audio functions, browser, video connection, and bandwidth on your tablet or computer will work for TeleVisit appointment. When it has been completed, click on “Proceed” button.

TeleVisit | Sam Wilks | 12 Jun 2017

LOGIN Help?

Questionnaire Vitals Compatibility Check Join the TeleVisit Appointment

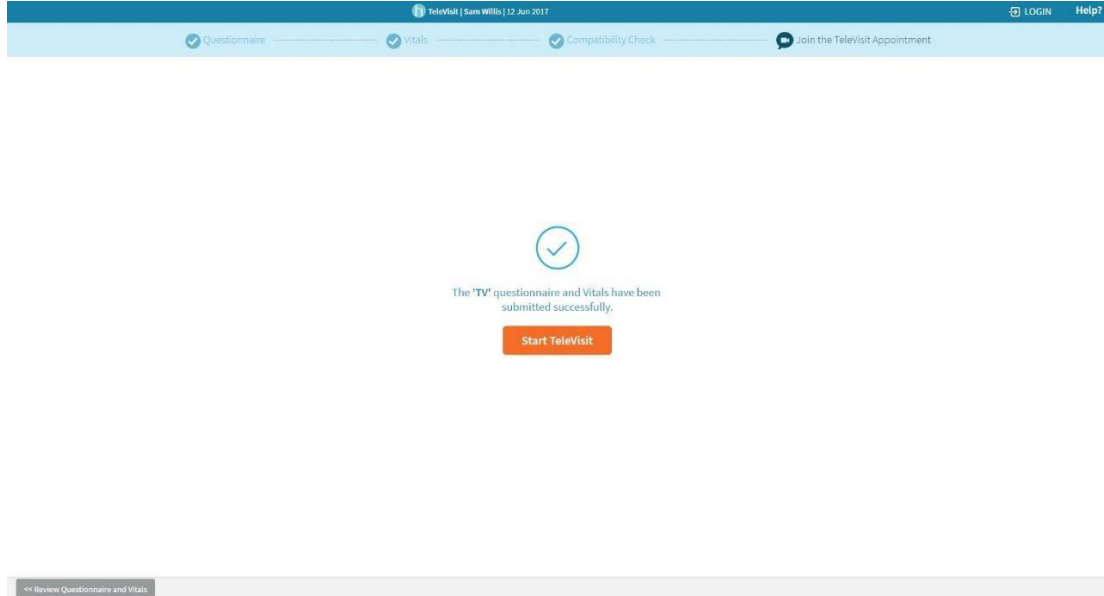
### TeleVisit System Compatibility Check

Computer	Browser	Chrome 64 bit (version 58) Windows 10.0	✓
	Speaker	Ensure your speakers are working by clicking "Play" below	✓
	Camera	 Integrated Webcam (3b6f28aa)	✓
	Microphone	Default	✓
	Video Connection		✓
Connection	Bandwidth	Your internet connection is suitable for TeleVisit.	✓

Last Completed: 12 June 2017, 02:11 PM

<< Review Questionnaire and Vitals Proceed

5. Click on “Start TeleVisit” - this will alert your provider that you are ready and they can now start the TeleVisit appointment.

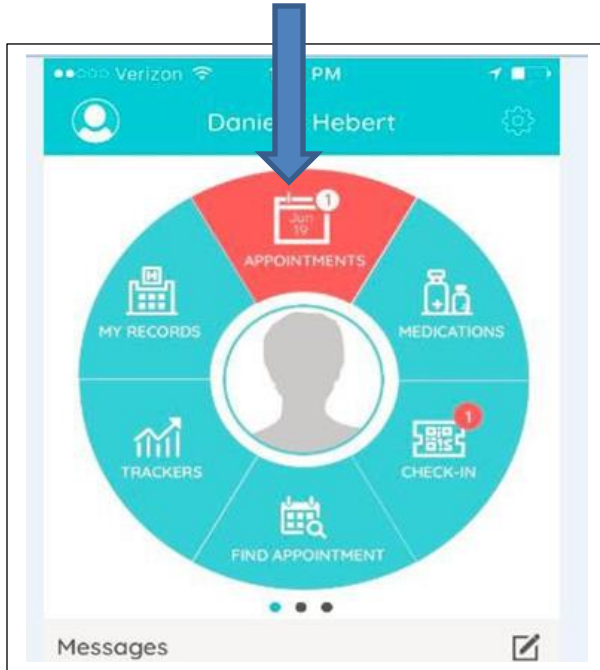


6. You will then be placed in the virtual waiting room.

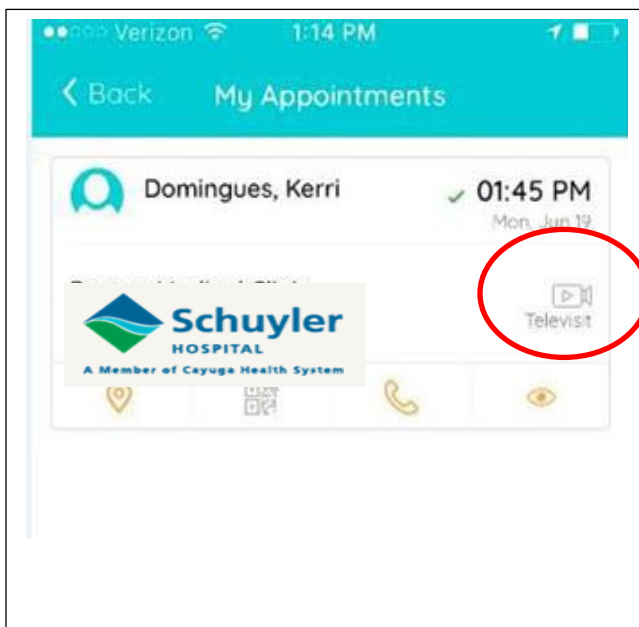


## Logging into TeleVisit from Healow app

1. Open your Healow app on your phone or tablet.
2. Select the Appointment tab on the home screen



3. In the My Appointment section, click on the TeleVisit icon under the appointment time.



4. Click on the Start TeleVisit button on the bottom of the screen



5. Answer the questionnaire and Submit.
6. Enter in your vital information ( this is not required, fill in what you know or leave blank) , click on the submit vitals to move on to the next step

A screenshot of a mobile application screen titled 'Questionnaire and Vitals'. The status bar at the top shows 'TFW', signal strength, Wi-Fi, 1:47 PM, and 100% battery. The screen has a teal header with a back arrow and the title. Below the header, it says 'TeleVisits'. There is a profile card for 'Jenna' with a date '01 Apr 2020' and a time '01:40 PM'. Below the card, it says 'Please answer the questions below'. There are three sections: 'Alcohol Screen' with question 1, 'Drugs' with question 2, and 'Self-Referral'. Each question has 'Yes' and 'No' input fields.

TFW 1:47 PM 100%

Back Questionnaire and Vitals

TeleVisits

Jenna  
01 Apr 2020 01:40 PM

Please answer the questions below

Alcohol Screen

1. Did you have a drink containing alcohol in the past year?

Yes

No

Drugs

2. Have you used drugs other than those for medical reasons in the past 12 months?

Yes

No

Self-Referral

A screenshot of a mobile application screen titled 'Vitals'. The status bar at the top shows 'Verizon', signal strength, Wi-Fi, 1:15 PM, and battery level. The screen has a teal header with a back arrow and the title. Below the header, it says 'Vitals'. There are four sections: 'Blood Pressure' with input fields for 160 and 80; 'Temperature' with an input field for 102 and 'Fahrenheit'; 'Respiratory Rate' with an input field for 73 and 'Breaths per minute'; and 'Pulse Rate' with an input field for 74 and 'Breaths per minute'. At the bottom, there is a teal button labeled 'Submit Vitals >'.

Verizon 1:15 PM

Back Vitals

Vitals

Blood Pressure

160 / 80

Temperature

102 Fahrenheit

Respiratory Rate

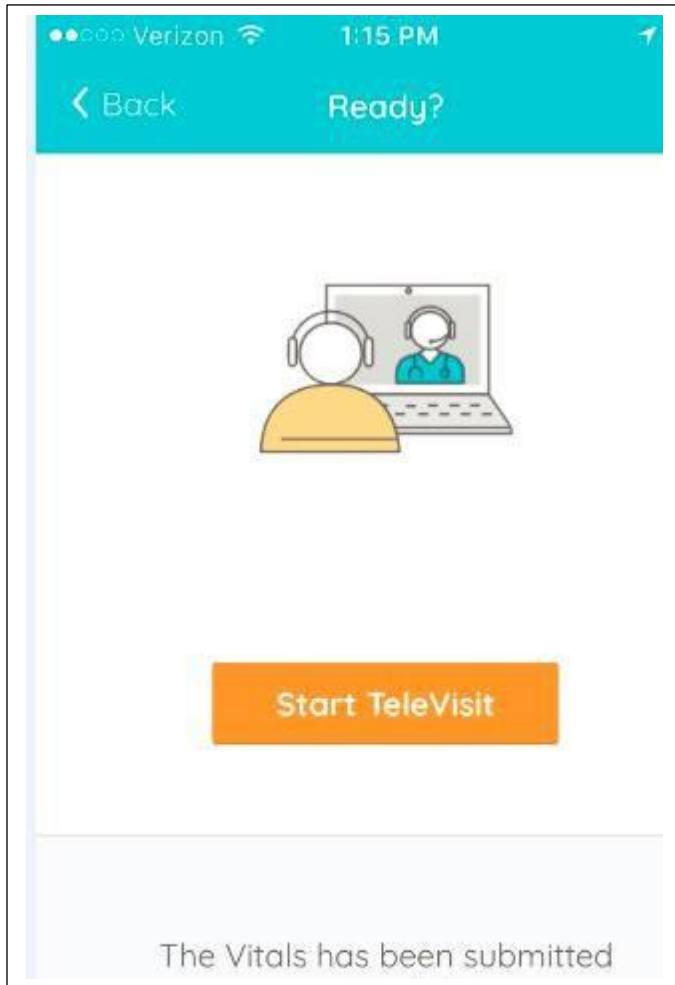
73 Breaths per minute

Pulse Rate

74 Breaths per minute

Submit Vitals >

7. Once everything has been submitted, click on Start Tele Visit



8. Once you click Start TeleVisit , your doctor will be notified that you are ready for the visit. You will then be connected to your doctor.

